

PROJECT C.A.R.E. FAQ'S

WHO IS ELIGIBLE FOR C.A.R.E.?

- Active Duty members following:
 - Combat Trauma
 - Training Injuries

WHAT SERVICES ARE OFFERED?

- Reconstructive Surgery
- Laser Treatments for skin discoloration
- Mental Health Support

DO I HAVE TO PAY?

- No. All treatment is reconstructive rather than cosmetic

HOW DO I ENROLL?

- Ask your health care provider to refer you to the C.A.R.E. clinic
- Call 619-532-6950, ext.# 4

WHAT CAN I EXPECT?

- Multiple procedures may be required over several months
- Results vary, depending on your injuries
- Most patients are pleased with their improved appearance
 - Your surgeon will review the specifics of your case with you



DEPT. OF PLASTIC SURGERY
34800 BOB WILSON DRIVE
SAN DIEGO, CA 92134
619-532-6950, EXT.# 4



*Procedural art used with permission
from the American Society of
Plastic Surgeons (ASPS)*

PROJECT C.A.R.E.



C.A.R.E.

Comprehensive Aesthetic Recovery Effort

A multi-disciplinary patient care initiative
to help restore function and improve the
appearance of traumatically injured
servicemembers

Naval Medical Center, San Diego
Department of Plastic Surgery
619-532-6950, Ext. # 4

Project C.A.R.E. (Comprehensive Aesthetic Recovery Effort)

BACKGROUND

As a result of combat trauma and training accidents, a great number of service members suffer major life altering injuries, to include limb loss and severe disfigurement. Although our wounded soldiers, Sailors, and Marines receive cutting-edge, state-of-the-art care; the consequences of these injuries lead to emotional distress and an altered self-image.

MISSION

To help our traumatically wounded recover, both physically and emotionally, Project C.A.R.E. was born. Our mission is to provide emotional support along with surgical and non-surgical care in an effort to improve appearance and restore function. We believe that even the slightest improvement can dramatically increase self-esteem and quality of life.

PROGRAM DESCRIPTION

Utilizing a team approach with multiple surgical, medical, and supportive services, each patient is individually evaluated and a treatment plan is formulated. Depending upon the circumstances, a combination of surgical and non-surgical treatments is planned, along with an emotional recovery plan to include support groups, mental health counseling, or both.

SERVICES OFFERED

Surgical Care

- Plastic Surgery
- Oral Surgery, ENT, Oculoplastic Surgery, Orthopedic Surgery, Neurosurgery, General Surgery

Non-Surgical Care

- Medical
 - Dermatology
 - Wound Care Center
- Supportive Care
 - Psychiatry
 - Psychology
 - Social Work
 - Chaplain Services
 - Support Groups

TREATMENTS PROVIDED

- Scar and Wound Revisions
- Skin Grafts
- Major and Minor Reconstructive Surgery
- Laser Treatments for skin discoloration
- Wound Care

ELIGIBLE PATIENTS

All Active Duty personnel who have suffered traumatic injuries are eligible for Project C.A.R.E.

- Combat Trauma
- Training Accidents
- Civilian Trauma

REFERRALS

- Ask your medical provider to enter a consult for the Plastic Surgery Clinic at the Naval Medical Center

For more information call the Plastic Surgery Clinic at NMCS D

619-532-6950, ext. # 4

Surgical Procedures (Sampling)



Scar Contracture



Scar after Contracture Release



Tissue Expansion